



Camp Liahona



Packing List

No Cellphones or other Electronic devices

****Pack bags/suitcases/sleeping bags, etc.. In a plastic tote or garbage bags to keep dry and clean.**

***Mark everything with your name in permanent marker.**

Clothing: (look at the weather for Union

OR and plan accordingly)

- Modest Pajamas
- 4 pairs underclothes
- Socks, 4-5 pairs (pack extras)
- 3-4 shirts, include long sleeve
- 3-4 jeans or pants
- 2 modest shorts
- 1-2 sweatshirts
- Poncho or raincoat
- Warm jacket
- 2 pairs of closed toes shoes, ex.
- Sneaker, hiking boots
- Flip flops for the shower
- Hat
- Coat

Bedding:

- Sleeping bag or bed roll
- Pillow with pillow case
- Extra blanket
- Foam pad (NO cots)

Optional Items:

- Sunglasses
- Small sewing kit
- Tissues
- Ear plugs
- Wrist watch
- Ropes & clothes pins for wet clothes
- Chapstick with sunscreen

Toiletries:

Personal medications (in prescription bottles with label, name and dosage on the bottle)

Washcloth and towel

Soap

Deodorant

Feminine protection, if needed

Toothbrush and toothpaste

Hair brush

Shampoo

Hair ties, headbands, etc. if needed

Other Necessities:

Scriptures

Journal and pens

**Water bottle (MUST HAVE! Put your name on it.
We are not providing disposable cups)**

Flashlight and extra batteries

Small first aid kit

Insect repellent

Sunscreen

Camp chair

Small backpack for hiking

Work gloves for service project

Camera (no cell phones at camp)

Compass

***Dinner is at 6 so make sure you eat before
you leave for camp.**

